

Experience

Behavioral Health Specialist, Cincinnati Childrens Hospital, College Hill — 2021-Present

- Milieu Management and Care Delivery.
- Implement/document patient response to individualized care plans.
- Leads and co leads group therapy and clinical activity.
- Recognize and demonstrate therapeutic relationships and communication through a variety care interactions, such as general care environment interactions or during 1 on 1 patient assignments.
- Documentation and Data Management.

University of Cincinnati's Teacher's Assistant, Remote - 2020

- Lead zoom break out groups of 8 freshman psychology students to assist with homework and class projects.
- Graded weekly homework assignments, provided one on one meetings with students to help with adjusting to online college class

Art Therapy Intern, The Grounded Center Virtual Art Studio; Remote – 2020

- Worked with Dr. Meera Rastogi, Professor, Licensed Psychologist, and Board Certified Art Therapist
- Researched the effects of tele-therapy through participating in webinars and reading academic articles to help establish The Grounded Center Art Studio
- Shadowed Dr. Rastogi as she lead a group of MS and MD patients during weekly art therapy sessions.

Crisis Text Line Volunteer– Remote; 2020

- Trained to counsel clients to help guide them from an immediate crisis to a calm understanding
- Worked with a diverse group of individuals struggling with abuse, relationships, depression, suicidal thoughts and more.
- Build rapport, explore thought, feelings, identify goals, explore individual's support systems and collaborate on an action plan.

Art Cart Volunteer, Hospice of Dayton – 2016-2020

- Presented art supplies and taught various projects to those in hospice care as well as family members.
- Offered patients time to engage creatively or connect with themselves and family.
- Designed a Zentangle drawing and coloring book so that the patients can easily work on projects themselves during the pandemic.

Education

University of Cincinnati, Ohio. Bachelors of Fine Art, Minor in Psychology, Pre- Art Therapy certificate -Magna Cum Laude

Skills

- Adobe CC (Illustrator, Photoshop, Indesign)
- Nikon 3400
- Sculpture (woodworking, welding, plaster, ceramics)
- Acrylic and Oil Painting
- Drawing
- Therapeutic Crisis Intervention and First Aid certified

Achievements and Awards

- UC International \$1,200 scholarship recipient
- Pepsico Foundation Excel Awards Program \$2,000 scholarship recipient
- Presenter at Buckeye Art Therapy Association Conference, 2017